



Community Bulletin

January 25, 2016

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of [School Committee policy](#).

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1. **NEW! - February Vacation Technology Camp for 3rd or 4th Grade Students**
Are you a 3rd or 4th grader interested in broadcasting, news and technology? Join us during February vacation at the Sherwood Middle School for two different half-day classes that will use iPads to create a TV news broadcast and a digital newspaper. Both classes will be taught by Ms. Tara Gauthier, an instructional technology specialist at Shrewsbury High. iPads will be provided and no previous experience with the iPad is needed.

Class Dates: Tuesday February 16th - Friday, February 19th.

You may register for just one of the classes, or choose both for a full day of fun.

Enrollment is limited to 25 students so register now! Want more details - click [HERE](#) for a flyer. Questions? Contact Karen Isaacson, Director of Extended Learning.
<mailto:kisaacson@shrewsbury.k12.ma.us>

2. **This Sunday - Shrewsbury Public Schools to Host a Family Event - Winter Magic!**
The SHS Class of 2019 is hosting its third annual Winter Magic, an afternoon of fun and magic for the whole family. **On January 31st, Shrewsbury High School** will be open for magic, games, and fun. This event lasts from 2-4pm and features a magic show by Mr. Magic (starting promptly at 2pm) followed by activities for children of all ages. The students of the Class of 2019 will volunteer to paint faces, and lead the children in crafts and games. The cost is \$7 per person. Please note that the cost is the same for adults and children. Check out our informational flyer [HERE](#). The funds raised at Winter Magic

will go to support the Class of 2019 towards future class events. Entrance to the event will be at the Main Entrance of Shrewsbury High School. Tickets will be sold at the door starting at 1:30 pm. Please contact: ggray@shrewsbury.k12.ma.us with any questions.

3. **Save the Date! - Parenting Strategies Course Description**

Parenting Strategies is an 8-week curriculum designed for parents/guardians who are interested in learning helpful parenting strategies. This course will also address specific techniques for effectively managing the behavior of children who experience emotional and/or behavioral dysregulation.

The goals of the Parenting Strategies Curriculum are:

1) To train parents/guardians in skills to increase their ability to cope more effectively with common parenting situations to:

a. Improve their own wellbeing

b. Help their children function more effectively overall

2) To educate parents/guardians on some current theories about neurological

and environmental causes of emotional and behavioral dysregulation

The course content will include:

*Parenting Dilemmas

*Validation Skills

*Effective Communication

*Assessment of Problem Behavior

*Basic Principles of Reinforcement

*Behavior Change Procedures

*Crisis Survival

This course is open to all Shrewsbury parents/guardians and is free of charge. If possible, it is encouraged both parents/guardians participate. The content of each class will be built upon all that was taught and discussed in the preceding sessions. We encourage parents/guardians to attend all the sessions so they can follow what is presented later in the course. **Please RSVP by Sunday February 7th** to Shrewsbury Public School's Clinical Coordinator if you plan to attend (so that we can provide the appropriate number of handouts) at ENerland@Shrewsbury.k12.ma.us

Meeting Time: 6-7:30 PM

Meeting Place: The Bent Presentation Room at Shrewsbury High School (or Sherwood Middle School Media Center when noted below).

Meeting Dates: February 9th, February 23rd (at Sherwood Middle School), March 1st (at Sherwood Middle School), March 8th, March 15th, March 22nd

4. **NEW! This Saturday - Winter Multicultural Festival – The Softer Side of Celtic by Jeff Snow**

This event will take place on Saturday, January 30, 2-3 PM; Shrewsbury Public Library, 214 Lake Street. Description: The Softer Side of Celtic combines the Music, Stories and History from Scotland, Ireland and England. You will learn about the origins of the ballad, Kilkelly Ireland, among other things. There will be singing, laughing, clapping and even a bit of foot stomping. The concerts are interactive; questions and input from the audience are encouraged and become part of the event. Jeff Snow is a skilled instrumentalist and a highly recognized guitar player who was featured in Acoustic Guitar Magazine. He also plays the Autoharp, Bouzouki and a variety of other instruments. Please register at <http://bit.ly/1TdOIEr>

5. **NEW! This Thursday - Dinner and Donate to Benefit Shrewsbury Youth Hockey**

Visit Dean Park Grill and Pizza on **Thursday, January 28 from 4:30 to close (10 pm)**.

15% of all sales that are accompanied by the flyer will be donated to Shrewsbury Youth Hockey. Please bring this flyer [HERE](#).